Recording a New or Additional Disclosure

To be completed by the therapist.

Name of service user:	Date of birth:
Date of therapy session:	Time:
Location of therapy session:	Name and role of therapist:
Any other person(s) present and their role(s):	
What was the disclosure? (Record verbatim where possible, using speech marks to denote exact wording.)	
How did the service user present? (Consider tone of voice, eye contact, facial expression, fidgeting, etc.)	
What did the therapist say in response? (Record verbatim where possible, using speech marks to denote exact wording.)	
What action was taken by the therapist in response to the disclosure?	
Any additional observations?	